

SUMMER SCAVENGER HUNT

INSTANT MEETING
AGES: 7 - 8

Goal: A fun and active game that encourages teamwork, exercise, and observation.

Program Areas Covered:
Key to Active Living

Location: A nearby park, preferably one with a playground.

Preparation Time: 20 Minutes.

MATERIALS REQUIRED

SCAVENGER HUNT:

- Pencils
- Printable scavenger
- Hunt page.

WACKY WAITER:

- Paper plates,
- Ping-pong balls.

HULA HOOP HOP:

- Hula hoops (as many as you would like).

BEANBAG TOSS:

- An even number of beanbags,
- A hula hoop.

TIGHT-ROPE:

- A skipping rope.

WALK AND WEAVE:

- Plastic cones or beanbags.

OPENING

If the weather is nice, take your group out for some fresh air and fun in the park. Lead the Opening either at your usual meeting place or at the park. Then tell your group that they will be participating in a fun and active scavenger hunt!

SCAVENGER HUNT

1 Have the groups divide into teams of two or three. Then, distribute pencils and a copy of the printable scavenger hunt list (pages 2-3) to each group.








3 Instruct them to try and spot at least 5 items on the list. When they find an item, have them draw a quick picture of it in the appropriate box.





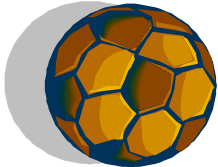


2 Clearly point out the safe limits of how far the teams can run off to, and then send them on their way!

4 When the time is up and it's time for any teams who have not completed to return, blow the whistle to get their attention.



SUMMER PARK SCAVENGER HUNT LIST

 Pinecone	
 Ladybug	
 Dandelion	
 Feather	
 Caterpillar	
 Butterfly	
 Bird	

 <p>Dog Walker</p>	
 <p>Frisbee</p>	
 <p>Picnic Table</p>	
 <p>Rock</p>	
 <p>Ball</p>	
 <p>Baby Stroller</p>	
 <p>Bee</p>	

OBSTACLE COURSE

Why not raise the stakes by having the teams complete an obstacle course once they have finished their scavenger hunt? You can modify the course depending on the park available to you. You can use the playground as the main focus of the obstacle course by having the teams, for instance, climb the jungle gym, go down the slide, go around a pole, etc. If you would like to mix it up and add some other obstacles, here are some ideas:

WACKY WAITER

1 Designate a distance that the teams have to go. Have one team member stand at the beginning and their teammate stand at the halfway point.

3 They must move as fast as they can without dropping the Ping-Pong ball. When they reach their teammate, they must pass the plate to their teammate without dropping the ball.

2 The team member at the beginning must hold a paper plate with one hand like a waiter and balance a Ping-Pong ball on the plate.

4 Their teammate must then carry the plate the same way to the end of the obstacle. If either of the team members drop the ball, they have to go back to restart the obstacle.

HULA HOOP HOP

Line some across the ground hula hoops and have the teams hop from one to another.

BEANBAG TOSS

Place a hula hoop on the ground. Have the teams stand a certain distance away from the hula hoop. They must take turns tossing an equal number of beanbags into the hoops.

TIGHT-ROPE

Lay down a skipping rope in a straight line. Have the teams walk on it, heel to toe, as if they were walking a tight-rope.

WALK AND WEAVE

Set up some plastic cones (beanbags work too) and have the teams weave around them.

SNACK

A rewarding way to finish the Scavenger Hunt and Obstacle Course is to have the finish be a picnic of healthy snacks for your kids to enjoy.

Ants on A Log:

You'll need:

- Celery
- Cream cheese (hummus or Cheeze Whiz works too)
- Raisins
- A knife

First you wash the celery and cut it into sections. Then, you spread the cream cheese along the side of the celery. Finally, press the raisins into the cheese so that they look like little ants crawling across a log. Enjoy!

CLOSING

Congratulate your group on their team work and completion of the scavenger hunt! Enjoy your usual Closing in the sunshine.

BIBLIOGRAPHY

Brownie Guider Program Book

<http://simplekids.net/make-your-own-backyard-obstacle-course/>

Disclaimer: Every effort has been made to trace the origins of some of the images in this document and to obtain clearance where necessary. If, despite this, any copyright has been infringed unwittingly, we apologize and ask to be informed in order that we may obtain the necessary permission.